



Hot Meals Weekly Menu

MONDAY THROUGH FRIDAY

11:30 a.m. - 1:30 p.m.

MONDAY
8/10



Meatball Sub (Beef)
potatoes and broccoli

Plant-Based "Meatball" Sub
potatoes and broccoli

TUESDAY
8/11



Beef Stew
rice and mixed vegetables

"Beyond Beef" Stew
rice and mixed vegetables

WED.
8/12



Creamy Chicken Pasta
pasta and mixed vegetables

Creamy Tofu
pasta and mixed vegetables

THURSDAY
8/13



Lemon Pepper Fish
mashed potatoes and asparagus

Lemon Pepper Chickpeas
mashed potatoes and asparagus

FRIDAY
8/14



Beef Salami Sandwich
soup of the day and zucchini

Veggie Burger
soup of the day and zucchini

Menu items subject to change based on market availability.

