



Hot Meals Weekly Menu

MONDAY THROUGH FRIDAY

11:30 a.m. - 1:30 p.m.

MONDAY
7/13

Crispy Chicken Sandwiches
potatoes and zucchini



Plant-Based “Chicken” Sandwiches
potatoes and zucchini

TUESDAY
7/14

Chicken Bolognese
pasta and mixed veggies



Bolognese with
Plant-Based Protein
pasta and mixed veggies

WED.
7/15

Cajun Fish
mashed potatoes and carrots



Cajun Tofu
mashed potatoes and carrots

THURSDAY
7/16

Beef Broccoli
rice and asparagus



Plant-Based “Beef” & Broccoli
rice and asparagus

FRIDAY
7/17

Roastbeef or Bologna Sandwich
soup of the day and Brussels sprouts



“Tofurkey” Sandwiches
soup of the day and Brussels sprouts



Menu items subject to change based on market availability.