



# Hot Meals Weekly Menu

Mondays, Tuesdays, Wednesdays, Thursdays: 11:30 a.m. - 1:30 p.m.

**MONDAY**  
**1/12**

**Turkey Sandwiches**

broccoli cheddar soup and mixed veggies



**Plant-Based Protein Sandwiches**

broccoli cheddar soup and mixed veggies

**TUESDAY**  
**1/13**

**Moroccan Beef Stew**

rice and Brussels sprouts



**Moroccan Chickpea Stew**

rice and Brussels sprouts

**WED. 1/14**

**Rosemary Chicken**

split pea soup and cauliflower



**Rosemary Plant-Based "Chicken"**

split pea soup and cauliflower

**THURSDAY 1/15**

**Basil Tzatziki Fish**

roasted potatoes and sauteed spinach



**Basil Tzatziki Eggplant**

roasted potatoes and sauteed spinach

 Menu items subject to change based on market availability.