

November 2025
CLIENT WELLNESS SCHEDULE

	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	
	Painting Class 12:00pm to 2:00pm Art Room 4-022 4 th floor <i>Fitz P.</i> Walk-In	Narrative Movement 10:00am to 11:30am Art Room 4-022 4 th floor <i>Josie B.</i> Walk-In	Reiki Meditation 2:00pm to 3:00pm East Dining Room 5 th floor <i>Steve F.</i> Walk-In Nov. 7th	
	Meditation 2:00pm to 3:30pm East Dining Room 5 th floor <i>Madhu K.</i> Walk-In	Restorative Yoga 11:00am to 12:00pm Art Room 4-055 4 th floor <i>Roberta V.</i> Walk-In Starting October 15th		
		Life Drawing 12:00pm to 2:00pm Art Room 4-022 4 th floor <i>David H.</i> Walk-In Please be on time		
		Hair Cuts 1:00pm to 4:00pm Art Room 4-056 4 th floor <i>Barron</i> By Appt Only <i>Please see Donna Pine</i>		

Please note the room numbers are according to the floor location

Schedule is subject to change each month.

Art classes, due to space, will only allow 10 clients per session

Classes are highlighted in yellow