October 2025 CLIENT WELLNESS SCHEDULE

Tuesday	Wednesday	Thursday	
Painting Class 12:00pm to 2:00pm Art Room 4-022 4th floor Fitz P. Walk-In	Narrative Movement 10:00am to 11:30am Art Room 4-022 4th floor Josie B. Walk-In	Reiki Meditation 2:00pm to 3:00pm East Dining Room 5th floor Steve F. Walk-In Oct. 2nd & 16th	
Meditation 2:00pm to 3:30pm East Dining Room 5th floor Madhu K. Walk-In	Life Drawing 12:00pm to 2:00pm Art Room 4-022 4th floor David H. Walk-In Please be on time		
	Hair Cuts 1:00pm to 4:00pm Art Room 4-056 4th floor Barron By Appt Only Please see Donna Pine		

Please note the room numbers are according to the floor location

Schedule is subject to change each month.

Art classes, due to space, will only allow 10 clients per session

Classes are highlighted in yellow