



Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, Thursdays: 11:30 a.m. - 1:30 p.m.](#)

MONDAY
10/27

Salisbury Steak

mashed potatoes and peas & carrots



Protein-Based Salisbury "Steak"

mashed potatoes and peas & carrots

TUESDAY
10/28

Honey Mustard Salmon

with rice and vegetable medley



Honey Mustard Cauliflower "Steak"

with rice and vegetable medley

WED. 10/29

Coconut Curry Chicken

rice & peas and garlic spinach



Coconut Curry Chickpea Stew

rice & peas and garlic spinach

THURSDAY
10/30

Beef Stroganoff

served with sweet peas



Plant-Based Stroganoff

served with sweet peas

 Menu items subject to change based on market availability.