



Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, Thursdays: 11:30 a.m. - 1:30 p.m.](#)

MONDAY
10/20

Beef or Chicken Jamaican Patties
black beans & rice and green beans



Veggie Patties
black beans & rice and green beans

TUESDAY
10/21

Chicken Soup
with rice and vegetable medley



Vegetable Stew
with rice and vegetable medley

WED. 10/22

Lemon Dill Basa (Fish)
pasta with broccoli & cauliflower



Lemon Dill Eggplant
pasta with broccoli & cauliflower

THURSDAY
10/23

Chili Stew (Beef)
rice and roasted carrots



Vegetarian Chili Stew
rice and roasted carrots

 Menu items subject to change based on market availability.