



Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, Thursdays: 11:30 a.m. - 1:30 p.m.](#)

MONDAY
9/22



Lasagna Soup
(Ground Chicken and Sausage)
served with a 3-bean-salad

Root Vegetable Soup
served with a 3-bean-salad

TUESDAY
9/23



Lemon Pepper Tilapia
served with creamed spinach and rice

Lemon Pepper Plant-Based "Fish"
served with creamed spinach and rice

WED. 9/24



Pineapple Chicken
served with rice and broccoli

Pineapple Plant-Based "Chicken"
served with rice and broccoli

THURSDAY
9/25



Shepherd's Pie
served with garlic green beans

Shepherd's Pie with Plant-Based "Beef"
served with garlic green beans



Menu items subject to change based on market availability.