



Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, & Thursdays: 11:30 a.m. - 1:30 p.m.](#)

MONDAY

6/23

Turkey Burgers

with French fries and mixed veggies



Veggie Burgers

with French fries and mixed veggies

TUESDAY

6/24

Meatballs (beef)

with pasta and cauliflower



Beyond "meatballs" (pea protein)

with pasta and cauliflower

WED. 6/25

Chicken with Onion Gravy

mashed potatoes and broccoli



Chickpeas and Black Beans with

Onion Gravy

mashed potatoes and broccoli

THURS. 6/26

Garlic Lemon Basa

basmati rice and pigeon peas



Garlic Lemon Pepper Tofu

basmati rice and pigeon peas

 Menu items subject to change based on market availability.