



Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, & Thursdays: 11:30 a.m. - 1:30 p.m.](#)

MONDAY

5/5

Turkey Kielbasa Sausage & Peppers

yellow rice and green beans



Plant-Based Sausage & Peppers

yellow rice and green beans

TUESDAY

5/6

Salmon Cakes

basmati rice and asparagus



Chickpea Fritters

basmati rice and asparagus

WED. 5/7

Quesadilla with Ground Turkey

fries and corn



Quesadilla with Black Bean &

Veggies

fries and corn

THURS. 5/8

Pineapple Chicken

rice and broccoli



Pineapple Chicken-Substitute

(Vegan)

rice and broccoli



Menu items subject to change based on market availability.