



Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, & Thursdays: 11:30 a.m. - 1:30 p.m.](#)

MONDAY

4/28

Chicken or Beef Jamaican-Style Patties
rice & peas and mixed veggies



Vegetable Jamaican-Style Patties
rice & peas and mixed veggies

TUESDAY

4/29

Baked Spaghetti (Beef)
Brussels sprouts and garlic bread



Baked Spaghetti (tofu)
Brussels sprouts and garlic bread

WED. 4/30

Smothered Chicken (Onion Gravy)
mashed potatoes and broccoli



Smothered Soy "Chicken"
Substitute (Onion Gravy) dairy-free
mashed potatoes and broccoli

THURS. 5/1

Teriyaki Salmon
rice and collard greens



Teriyaki Eggplant
rice and collard greens



Menu items subject to change based on market availability.