



# Hot Meals Weekly Menu

[Mondays, Tuesdays, Wednesdays, & Thursdays: 11:30 a.m. - 1:30 p.m.](#)

**MONDAY**

**4/21**

**Crispy Chicken Sandwiches**

with french fries and roasted cauliflower

**“Impossible” Soy-Based Sandwiches**



with french fries and roasted  
cauliflower

**TUESDAY**

**4/22**

**Tilapia in Lemon Butter Sauce**

with rice and spinach



**Lemon Butter Beans**

with rice and spinach

**WED. 4/23**

**Beef or Chicken Meatballs**

spaghetti and three-bean-salad



**Veggie “Meatballs”**

spaghetti and three-bean-salad

**THURS. 4/24**

**Sesame Chicken**

with lo-mein noodles and broccoli



**Garlic-Sesame Tofu**

with lo-mein noodles and broccoli



**Menu items subject to change based on market availability.**