



GAY MEN'S HEALTH CRISIS

Program Services News

Volume 7, Issue 1

February/March 2005

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Just a Reminder

- GMHC will be closed on Monday, February 21st in honor of President's Day.

Gay Men's Health Crisis
The Tisch Building
119 West 24th Street
New York, NY 10011

www.gmhc.org
212/367-1000

Emergency Numbers:
212/894-3750, x6442 (English)
212/894-3750, x6443 (Spanish)

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Move Against AIDS: Return of the Dance-A-Thon Raises \$750,000



"Nearly 3,000 New Yorkers put on their dancing shoes at Move Against AIDS: Return of the Dance-a-thon on Saturday, December 11, 2004. The Dance-a-thon, held at the Jacob Javits Convention Center in Manhattan, raised over \$750,000 for Gay Men's Health Crisis (GMHC) and its HIV/AIDS programs.

"Move Against AIDS proved to be a successful fundraiser as well as a very uplifting, high-energy event," said Ana Oliveira, Executive Director of GMHC. "We are thrilled to have created such a perfect opportunity for so many young people, from diverse backgrounds, to join forces with Dance-a-thon veterans and show their personal commitment to making a difference against AIDS by being a part of the solution — and to have fun while doing it."

Internationally renowned DJ's Beverly Bond, Peter Rauhofer, Danny Tenaglia, Tony Touch, and Junior Vasquez kept the crowd dancing throughout the night, along with musical performances by 3LW, Kevin Aviance, and Martha Wash. Other special guests taking part in the event included Vinnie Brown of Naughty By Nature, Wilson Cruz, Alan Cumming, Power 105's Egypt, "106 & Park's" Free, poet Shailja Patel, Rosie Perez, and Jai Rodriguez.

"The HIV epidemic in the United States is a rapidly changing public health emergency, and we must address the exploding rates of HIV infections among young people," said Move Against AIDS Producer Craig R. Miller of MZA Events. "Move Against AIDS is an innovative way to raise awareness and reinvigorate our response to the HIV/AIDS epidemic. We are honored that these world-class entertainers have united to reach out and inspire a new generation of AIDS activists

Black History Month Clarity, Challenge & Change

Unforgivable Blackness: The Rise and Fall of Jack Johnson (PART 1)

Wednesday, February 23, 6:30 p.m. to 8:30 p.m. (check building lobby for room location) — This two-part documentary follows Jack Johnson's journey from his beginnings as the son of former slaves, to his entry into the brutal world of professional boxing. Directed by Ken Burns, produced by PBS. (Part 2 will be screened on Friday, February 25.) Hosted by the Institute for Gay Men's Health.

The Intersection of Crystal and Crack: How race, class and gender impact substance use and HIV

Friday, February 25, 10:30 a.m. to 12:30 p.m., Room 405, 4th floor — A panel discussion featuring representatives from community-based organizations and GMHC on the critical issues of working with substance users who are HIV-positive.

Unforgivable Blackness: The Rise and Fall of Jack Johnson (PART 2)

Friday, February 25, 6:30 p.m. to 8:30 p.m. (check building lobby for room location)

The events are free and open to the public. For more information, call 212.367.1016 or send an e-mail to krishnas@gmhc.org

GMHC's Over 50's Planning Group



The meeting schedule for the Over 50's Planning Group are as follows: April 14th (no March meeting) at 4:00 p.m. on the 12th Floor. You may call to confirm these dates, or look for flyers posted throughout the building.

If you are interested in attending or would like more information about this planning group, call Gaetana Manuele at 212/367-1190.

Happenings in Nutrition & Wellness

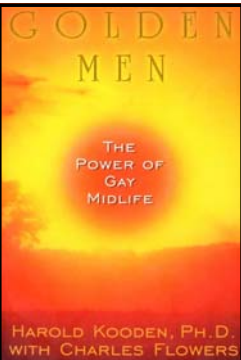
Cooking Class—Classes are held on the second Wednesday of each month from 11:00 a.m. – 1:00 p.m. in the Child Life Pantry, located on the 2nd floor.

Body Mass Assessments—This test is offered on the third Friday of every month from 2:00 p.m. – 3:00 p.m. on the 12th floor.

Strength Training Exercise Class—All classes are taught by certified fitness instructors. Beginners, intermediates and advanced exercisers are all welcome. Mondays, 1:00 p.m. – 2:00 p.m.; Wednesdays, 12:30 p.m. – 1:30 p.m., 11th floor Wellness Room.

To sign up for any of the classes, call 212/367-1080.

“GOLDEN MEN” Author Harry Kooden Returns to GMHC



The Over 50's Planning Group is pleased to announce a return engagement planned by Dr. Harold Kooden, author of *Golden Men: The Power of Gay Midlife*. The event will be held on Thursday, February 24th, 2005, from 5:30 p.m. to 7:30 p.m. on the 12th floor.

Dr. Kooden, a psychotherapist with 25 years of practice, plans to use the book's main points as a forum to discuss a variety of issues important to our clients. He will talk about how people define themselves – what they use as standards for themselves – as well as address health issues and explore what it means to “take charge of your health”. The format will include a brief lecture by Dr. Kooden, followed by an open question and answer period. Refreshments will be served. Advanced reservations are recommended. Please call 212/367-1420 to make your reservation and to confirm exact location.

Back for a Return
Engagement to talk more
specifically about his book
“Golden Men”

New Idea for the Program Services News for the New Year

We are looking at different ways in which we can get information out to clients in a timely manner. In the age of the internet, you are able to access information faster, and we are looking at keeping up with the times. We are considering offering the Program Services News via email. You would be sent the newsletter quarterly. The newsletter would be sent as a PDF Adobe Reader File.



The Program Services News is also available on GMHC's website. You can access it by going to www.gmhc.org and clicking on Programs and Services, and looking at the bottom of the page.

If you would like to consider receiving the Program Services News via email, please fill out the response card to the right of this article, and under other put Program Services News. This response card can be sent back to the agency in care of the Communications Department, or can be dropped off at any suggestion box within the agency.

GMHC... E-mail me!

Would you like to receive e-mail from GMHC about upcoming events, volunteer opportunities, updates about our services and news related to the critical issues of HIV and AIDS?

If so, please complete the card below.

YES! I would like to receive e-mail from GMHC.
(Please print clearly!)

Name: _____

E-mail address: _____

Mail address: _____

I am interested in the following areas:

- | | |
|--|---|
| <input type="checkbox"/> Agency News | <input type="checkbox"/> Programs & Services |
| <input type="checkbox"/> HIV/AIDS & Health | <input type="checkbox"/> Public Policy & Activism |
| <input type="checkbox"/> Volunteer Opportunities | <input type="checkbox"/> Special Events |
| <input type="checkbox"/> Other: _____ | |

The Palm Centers' Coordinated Care Unit's Forums for February and March 2005

Benefits Forum

February 15th, March 15th

Room 405, 7:00 – 9:00 p.m.

A monthly forum where clients and the general public can learn about government benefits for those who are HIV positive. The forum is open to the public and no registration is required. For more information, contact *the Client Advocacy Unit Helpline* at 212/367-1125.

Transitioning to Work Forum

February 17th, March 17th

Room 405, 1:00 – 3:00 p.m.

This forum will discuss the effects of working on benefits such as Medicaid, SSI, SSDI, HASA (formerly DASIS) and Public Assistance. *Registration is required.* To register, please call the Client Advocacy Unit at 212/367-1060. The facilitator for both of the forums mentioned above is Frank Cevasco, Assistant Director of the Palm Center's Coordinated Care/Client Advocacy Unit.

Insurance Forum

Tuesday, February 8th

Room 720, 7:00 – 9:00 p.m.

Participants are provided with an overview of the insurance options open to HIV-positive persons, either currently working, thinking of going out on disability, or unemployed. Registration required with Alexandra Remmel, 212/367-1143 to attend this forum. The forum is free and open to the public.

Medicaid Managed Care Seminar (English)

February 15th, March 15th

Room 405, 2:00- 3:30 p.m.

About Special Needs Plans, changes in Medicaid, ADAP and Medicare.

Seminario de Medicaid Cuidado Manajado en Espanol

De Enero el 19, De febrero el 16, De Marcha el, 16

Sitio 405, 2:00- 3:30 p.m. Sobre Planes para Nessesidades Especiales (SNPs), cambios en Medicaid, ADAP y Medicare.

For more information on the workshop, call 212/367-1060.

Money Management Training

Want to get a grip on your funds?

Come to the Money Management Seminar and find out how to stretch your dollars.

Dates:

February 24th and March 24th

Time and Place:

3:00 – 4:00 p.m., Room 405

Registration required.

To register, please call 212/367-1060.



We're on the Web!
www.gmhc.org



the institute
FOR GAY MEN'S HEALTH

Many Men, Many Voices

A 7-week group for gay & bisexual men of color who are HIV-Negative, HIV-Positive, or don't know their status.

Join IGMH for a seven-week affair that takes a closer look at our gay selves, and the "stuff" that has created *OUR* Culture, *OUR* Behaviors, *OUR* Relationships as well as their effects on *OUR* Health.

During our seven week conversations, we will discuss ways we can improve our relationships, develop new communication skills, ways to reduce STD/HIV infections and many other topics.

Registration is required. Incentives & Metro-cards provided.

To register or for more information, please call Durell Knights at 212/367-1388 or send an e-mail to durellk@gmhc.org. Space is limited.

It's about to change... Are you?



GED PROGRAM at GMHC

The Learning Institute at the MATCH Program (Moving Ahead Toward Career Horizons) is proud to announce a new GED Program.

This comprehensive GED program will enable people who have not graduated from high school the opportunity to learn the skills necessary to pass the Board of Education General Equivalency Diploma test and to demonstrate attainment of skills normally acquired through completion of a high school program of study. The program provides:

- Comprehensive Testing and Assessment
- Educational Counseling and Guidance
- Classes Geared to All Literacy Levels
- Classes on Tuesday and Thursday evenings from 5:30 – 9:00 p.m.

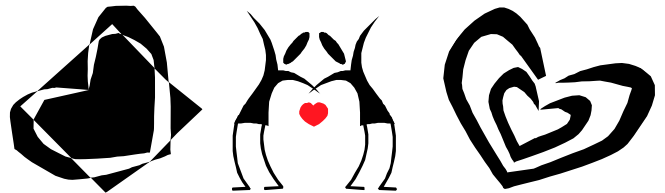
For more information and ongoing registration contact Dr. Lawson at 212/367-1003.

If You Got The Time – We Got The Place!

There are many volunteer opportunities at GMHC that require no previous experience, just a desire to learn and participate! You can train to become a Hotline Counselor, Community Educator and much more. These are just a sample of the many volunteer opportunities available at GMHC.

For further information or to download an application, please visit our web site at <http://www.gmhc.org/volunteer.html>. We invite you also to take the first step in your volunteer journey by attending our Volunteer Open House, which is held every Wednesday at either 10:30 a.m. or 6:30 p.m. in Room 1140 on the 11th floor.

If you don't have access to the internet, feel free to visit the Terry K. Watanabe Volunteer and Work Center to pick up your Volunteer Welcome Kit on the 11th floor or please give us a call at 212/367-1030 for more information.



The 12th Original GLBT Expo – Blending Business and Entertainment for Over a Decade

In February, GMHC will participate in the 12th Original GLBT Expo at the Jacob Javits Center. The weekend long Original GLBT Expo is the largest event of its kind in the world, bringing together over 400 participating exhibitors ranging from health care providers and community service organizations to entertainment and travel professionals. These organizations come from all over the United States to gather together in one place to present their services and products directly to the GLBT community.

Throughout the weekend there will be ongoing performances and entertainment. Among the performers are headliners including Amber, Lucas Prata and Motorcycle + Gotham Comedy Club's "Homo Comicus" & more. In addition, The "Same Sex Wedding Expo", Passport Magazine's "Travel Expo" and "Be The Boss Expo" will be conducted.

The Expo will take place at the Jacob Javits Convention Center, February 26, 2005 from 11:00 a.m. to 7:00 p.m. & February 27, 2005 from 12:00 p.m. – 6:00 p.m. Entry fee for the Expo is \$12 for one day access and \$18 for two day access. Discount tickets will be available at the GMHC Jerry Herman Theatre Desk on the 12th Floor.

Lexapro for Depression and Memory Problems

For HIV+ men and women with depression lasting 2+ months and experiencing cognitive problems.

All eligible participants see a psychiatrist regularly. 2+ months trial of Lexapro (escitalopram) including psychiatric and cognitive evaluations. Compensation provided.

Dr. Judith Rabkin (212) 543-5762
Columbia Presbyterian Medical Center - NYS Psychiatric Institute

Research Study for FATIGUE

For HIV+ men and women with severe and persistent fatigue

All eligible participants see a psychiatrist regularly. Four-week trial, plus two months of additional treatment. Compensation provided.

Dr. Judith Rabkin (212) 543-5762
Columbia Presbyterian Medical Center - NYS Psychiatric Institute